

Bí Cineálta!

We want everyone at Scoil Mhuire,
Moylagh to feel safe and happy.

If you think that you are being bullied or
someone else is being bullied, you need
to tell a teacher or another adult that
you trust. They will know what to do to
help.

Get help!

Tell someone!

If a student tells a staff member that they think they are being bullied, we will:

- > talk with the student
- > ask the student what they want to happen
- > work out a plan together
- > talk to their parents
- > talk to the other student(s) involved
- > talk with the other student's parents

Bullying behaviour is when someone
keeps being mean or hurtful to others on
purpose over and over again.

When it happens a lot.
Not just once.

Please
tell someone if you
think that you are
being bullied or
someone else is being
bullied.

Our school
has a Bí Cineálta policy to try to stop
bullying behaviour.

We look at this policy every year to see what is
working well or what could
work better.

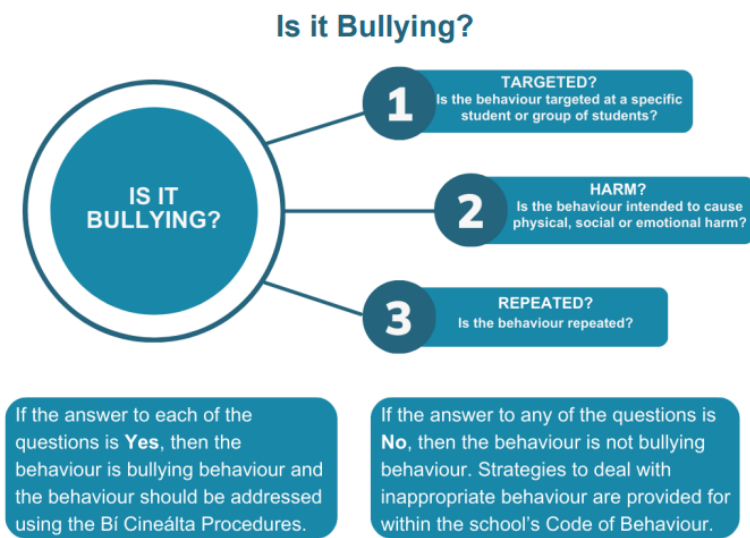
We will ask you what you think.



Child Friendly Bí Cineálta Policy

Definition of Bullying:

*'Bullying is **targeted (intentional) behaviour**, online or offline that **causes harm**. The harm caused can be physical, social and/or emotional in nature. Bullying behavior is **repeated over time** and involves an imbalance of power in relationships between two people or groups of people in society.'*



Forms of Bullying:

- Physical, Verbal, Written, Extortion, Exclusion, Relational & Online

Types of Bullying:

- Can be based on: Disability, Exceptional ability, Physical appearance, Race, Poverty, Religion, Gender.

What questions do we ask?

We will talk to each person involved on their own at first. These are the questions we will use:

What? Where? When? Why?

If there is a group involved, we will meet as a group and each person will have a chance to tell their account of what happened. You may also be asked to write down your account.



What happens next?

Sometimes you may be afraid to tell a teacher or adult and you may ask them not to take any action. We will listen to all concerns brought to us and we will deal with them sensitively to make sure everyone feels safe.

If the incident isn't deemed to be bullying behaviour, we will follow our code of behaviour that is explained at the beginning of the year.

If the account is deemed to be bullying behaviour, we will contact the parents of the children involved and we will work together on the best actions to be taken to address the behaviour.

After our next meeting, we will review the situation again, no more than 20 school days to review progress. If the bullying behaviour is still happening we will review the strategies and set a new agreed timeframe.

If the bullying behaviour still continues, we will use our Code of Behaviour to implement disciplinary sanctions.

How do we move forward?

Even though the bullying behaviour may have stopped, we as a school will continue to supervise and support all those involved. It may take time for things to become easier at school and we also understand that the relationships may not heal like we would like them to.

We will also take all your ideas on board as to how we can prevent and deal with bullying behaviour in our school. We will have awareness weeks, assemblies, talks and campaigns in our school. We will ensure everyone knows who their 'trusted adult' in school is. We will also give those who recognize that their behaviour was inappropriate a chance to start afresh if they ensure they won't act like this again.